

Information for Testing Only Patients

Thank you for choosing the Neurology Center of Fairfax to provide your neurological testing. Our goal is to provide you with top quality care. Please help us by providing your most up to date medical information at the time of your testing.

Please read the following instructions before you come to the office for your testing.

Prior to your test please:

- Fill out all information forms. We need current information to provide you with the best care.
- You can download the forms from our website:
www.neurologycenteroffairfax.com
- You must bring your testing order and all completed forms to your appointment or we will not be able to perform your testing.
- Your co-payment costs, co-insurance, and any deductibles are due at the time of service. If you do not pay these costs at the time of your visit, there is a \$10 administrative fee and an additional \$10 service charge for each bill we send. These charges are not covered by health insurance. We accept VISA, MasterCard, Discover, cash and checks.
- Please be respectful of other patients and arrive 15 minutes before your scheduled test time. Please call us if you are delayed by traffic at 703-876-0800. If you are late, we may not be able to see you the same day. We understand the problems with traffic in Northern Virginia, but we cannot inconvenience patients who do arrive on time for their appointments.
- Our office does not communicate with patients via email or text messaging as these are not HIPAA compliant. You may use our web portal for secure communications with our staff.

PLEASE GO TO THE RESTROOM PRIOR TO THIS PROCEDURE

ELECTROMYOGRAPHY - NERVE CONDUCTION INSTRUCTIONS

Please arrive 20 minutes prior to the time of your test.

YOU MUST BRING THE TEST ORDER FROM YOUR DOCTOR

Please read all instructions thoroughly.

Electromyography (EMG) and Nerve Conduction Studies (NCS) help evaluate disorders of the nerves and muscles.

PATIENT INSTRUCTIONS:

- 1. Please bathe or shower prior to testing to remove oil from the skin; do not use body lotion or powder, because these make it difficult to place electrodes on the skin for the testing.**
- 2. Your EMG/NCS test will take about 60 minutes. You may resume normal activities after the study. Some bruising or aching sensation may develop at the site of needle insertion.**
- 3. Please wear or bring a loose short sleeve shirt or preferably a sleeveless T-shirt and a pair of loose-fitting shorts. This allows the physician access to the muscles for EMG testing.**
- 4. Please do not bring food or drink to your EMG appointment.**
- 5. Please do not bring children to testing appointments.**

IMPORTANT:

- Tell the doctor
 - if you have a *PACEMAKER* or *DEFIBRILLATOR*
 - if you are taking aspirin or blood thinners (like Coumadin, Heparin, Aggrenox, Eliquis, Pradaxa, Xarelto, Plavix or non-steroidal anti-inflammatory drugs such as Advil, Aleve, Motrin, Naproxen, or Diclofenac), or if you have hemophilia or other bleeding problems.
- Please call 703-876-0800 for our answering service and ask to be connected to the office if you have an 8:00 a.m. appointment and you are running late or are unable to keep your appointment on the day of the test.

Nerve Conduction Studies (NCS)

This test shows how well the body's electrical signals travel along the nerves. This is done by applying a mild electrical shock over the nerve and recording how the nerve (sensory nerve) or muscle (motor nerve) reacts to the stimulus.

These shocks cause a quick, mild, tingling sensation, and may cause a small twitch of the muscle. Nerve conduction studies stimulate, but do not injure the nerves. It is normal to have some tingling sensations that may persist after the test.

Electromyography (EMG)

A thin disposable needle is inserted into several muscles in order to evaluate muscle function. A new disposable needle electrode is used for each patient. There may be a small amount of discomfort when the needle is inserted. The doctor will look and listen to the electrical signals. He/she interprets these signals and writes a report which is sent to your doctor.

If your insurance company requires an insurance referral be sure you have obtained this prior to the time of your appointment.

A \$100 fee is charged for all appointments missed or not cancelled 48 hours in advance.

EMG testing cannot be performed in the office on individuals weighing over 350 pounds. Consider having your test performed at a hospital setting.



NEUROLOGY CENTER OF FAIRFAX, LTD.

Fairfax Office 3020 Hamaker Ct, Suite 400, Fairfax, VA 22031
Reston Office 1830 Town Center Dr, Suite 305, Reston, VA 20190
Office Phone 703.876.0800 | Fax 703.876.0866
After hours emergency 703.755.1450

ELECTROMYOGRAPHY / NERVE CONDUCTION CONSENT

PATIENT NAME: _____ DATE OF BIRTH: _____

Electromyography (EMG) and Nerve Conduction Studies (NCS) are utilized to help evaluate disorders of the nerves and muscles.

I understand the risks and benefits of the scheduled Electromyography and Nerve Conduction Studies, which may include inserting a thin disposable needle into my muscle and applying mild shocks to my nerves. I understand bruising and discomfort at the site of needle insertion may occur.

Signed: _____ Date: _____