

ULTRASOUND INSTRUCTIONS

Please arrive 20 minutes prior to the time of your test.

YOU MUST BRING THE TEST ORDER FROM YOUR DOCTOR

Please read all instructions thoroughly.

Ultrasound Studies Evaluate Your Blood Vessels and Blood Flow.

Carotid Artery and Temporal Artery Studies:

1. No special preparation required.

Upper and Lower Extremity, Arterial and Venous Studies:

1. No special preparation required.

Preparation for Abdominal Vascular Ultrasound Studies:

Renal Arteries, Aorta, and other blood vessels of the abdomen

1. Avoid food and drink, except for noncarbonated water 6 hours before the examination.
2. Do not drink any carbonated beverages 4 hours prior to your test.
3. You may take your usual medications on the day of the examination.
4. If you are diabetic, please take your insulin.
5. Do not chew gum on the day of the examination.

Preparation for Bladder Volume Ultrasound Studies:

1. Empty your bladder 1.5 hours prior to the appointment.
2. Drink 32 ounces of noncarbonated water within 30 minutes.
3. Drink all water 1 hour prior to the appointment.
4. Do not urinate until the examination is finished.
5. You may take all your normal medications as scheduled.

(If your appointment is at 9 am, empty your bladder at 7:30 am, drink all your water by 8:00 am, one hour prior to your appointment.)

If your insurance company requires an insurance referral be sure you have obtained this prior to the time of your appointment.

Please do not bring children to testing appointments.

A \$100.00 fee is charged for all appointments missed or not cancelled 48 hours in advance.