



Experienced. Caring. Sleep Solutions.

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A division of the Neurology Center of Fairfax, Ltd.



POST SLEEP STUDY INSTRUCTIONS

Congratulations on completing your sleep study! You are free to go home now.

The data from your sleep study will now be analyzed and carefully reviewed by Dr. Richard Cho, our board-certified sleep specialist.

Within 7 – 10 days, a staff member will call you by phone to provide you with the results of your sleep study. You are welcome to obtain a copy of your sleep study report anytime.

If your sleep study shows sleep apnea, you will be referred to do a “treatment” sleep study with CPAP therapy. After completing this study, you will be notified of the results within 7 – 10 days and be given the option to receive new CPAP equipment at home to treat your sleep apnea.

In all cases, please make sure to schedule a follow-up visit with your physician.